

GENERAL FACTS ABOUT OUR GLUTEN-FREE, VEGAN, ALL NATURAL MEALS:

Cold-pressed juices, energy balls, fruits cup and raw salads for those seeking to eat all-natural, plant-based foods without any processed ingredients. It's entirely vegan supporting the liver's natural cleansing processes. By focusing on raw fruits, vegetables, nuts, seeds, dried fruits and cold-pressed olive oil, you can help your body function better and feel more energized, all while avoiding additives, preservatives, and processed ingredients.











ALL NATURAL ENERGY BALLS



RAW CACAO

CASHEWS, CACAO NIBS, DATES. 48G (2PC) 184 CAL, 8G FAT, 25G CARB, 4G FIBER, 3G PROTEIN

RAW SESAME

SESAME, TAHINI, DATES 48G (2PC) 176 CAL, 8G FAT, 23G CARB, 2G FIBER, 3G PROTEIN

RAW PEANUTS

PEANUTS, DATES 48G (2PC) 176 CAL, 8G FAT, 22G CARB, 2.5G FIBER, 4G PROTEIN

RAW COCONUT

ALMOND, COCONUT, DATES 48G (2PC) 180 CAL, 8G FAT, 23G CARB, 2G FIBER, 4G PROTEIN

RAW HAZELNUT

HAZELNUT, RAISINS, DRIED PLUMS 48G (2PC) 174 CAL, 10G FAT, 18G CARB, 2G FIBER, 3G PROTEIN

RAW PISTACHIOS

PISTACHIO, DRIED APRICOT 48G (2PC) 187 CAL, 7G FAT, 27G CARB, 2G FIBER, 4G PROTEIN

















COLD-PRESSED JUICES





ORANGE RISE

Orange, tumeric and fresh giner 270 ml bottle, 116 Cal, 22 g carbs, 2 g protein, 0.54 g fat



BEET BOOST

Orange, carrot or watermelon and beetroot 270 ml bottle, 112 Cal, 23 g carbs, 2.5g protein, 0.5 g fat



SUPER KALE

Green Apple, Lettuce, Kale 270 ml bottle, 104 Cal, 25 g carbs, 1 g protein, 0.4 g fat



KIWI SHOT

Kiwi, celery, cucumber and apple 270 ml bottle, 79.6 Cal, 18.73 g carbs, 0.98g protein, 0.37 g fat



CITRUS BLISS

Orange, Ginger, Mint Leaves 270 ml bottle, 84 Cal, 18 g carbs, 2 g protein, 0.4 g fat



LEAFY SHOT

melon, celery and cucumber 270 ml bottle, 79.6 Cal, 18.73 g carbs, 0.98g protein, 0.37 g fat

3.5\$ for a 270 ml bottle 9\$ for 1 litre bottle



RAWTOX SALAD



CURLY ENDIVE

Curly endive, cherry tomatoes, cucumber, red cabbage, shredded carrots, yellow pepper and sunflower seeds.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

CABBAGE

Red and green cabbage, shredded carrots, coriander and sesame seeds . 300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

KALE

Kale, cherry tomatoes, cucumber, onion and walnuts 300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

TABBOULEH

Parsley, tomatoes, onion and pumpkin seeds. 300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

ROCCA & THYM

Rocca, thym cherry tomatoes, onion and almond.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

FATTOUCH

Purslane, iceberg, mint leaves, thyme, tomatoes, cucumber, radish and cashew.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat



4\$ a salad

RAWTOX DRESSING



LEMON

Freshly squeezed lemon, extra virgin olive oil, salt, and water. 70 ml, 42 Cal, 0.66 g carbs, 0.02 g protein, 4.4 g fat 100 ml, 217 Cal, 0.66 g carbs, 0.02 g protein, 19 g fat

BALSAMIC

Balsamic vinegar, extra virgin olive oil, salt, and water. 70 ml 82 Cal, 5 g carbs, 0.11 g protein, 6 g fat 100 ml 217 Cal, 5 g carbs, 0.11 g protein, 21 g fat

APPLE CIDER

Apple cider vinegar, extra virgin olive oil, salt, and water. 70 ml 54 Cal, 0.36 g carbs, 0g protein, 5 g fat 100 ml 189 Cal, 0.36 g carbs, 0g protein, 20 g fat

PARSLEY

Freshly squeezed lemon, parsley, extra virgin olive oil, salt, and water. 70 ml, 42 Cal, 0.66 g carbs, 0.02 g protein, 4.4 g fat 100 ml, 217 Cal, 0.66 g carbs, 0.02 g protein, 19 g fat

CORIANDER

Freshly squeezed lemon, coriander, extra virgin olive oil, salt, and water. 70 ml, 42 Cal, 0.66 g carbs, 0.02 g protein, 4.4 g fat 100 ml, 217 Cal, 0.66 g carbs, 0.02 g protein, 19 g fat



FRUITS CUP



POMEGRANATE CUP 2\$

200g, 132 Cal, 31 g net carbs, 11g fiber, 2 g protein, <1 g fat

PINEAPPLE CUP 3\$

200g, 112 Cal, 29 g net carbs, 2g fiber, 1 g protein, <1 g fat

MANGO CUP 3\$

200g, 120 Cal, 30 g net carbs, 3g fiber, 1 g protein, <1 g fat

FRUIT SALAD 7\$

SEASONAL FRUITS

400 g, 224 Cal, 60 g net carbs, 4g fiber, 2 g protein, 1 g fat

GUACAMOLE CUP 5\$

Avocado, coriander, tomatoes, onions and cold-pressed olive oil 200g, 330 Cal, 10 g net carbs, 15g fiber, 4 g protein, 30 g fat





GENERAL FACTS ABOUT OUR PURE & NATURAL NUT BUTTERS:

Our nut butters are made from **100% pure nuts**, with no unnecessary additives. We use a special machine to grind the nuts until they naturally become buttery and smooth, releasing their oils. The only thing we add is a pinch of salt. For those who prefer a bit of sweetness, we offer the option of adding erythritol or monk fruit sweetener that won't spike blood sugar levels.

What's Not in Our Nut Butter?

Unlike many store-bought nut butters, our product is free from harmful, processed ingredients:

- No Sugar syrup: don't have to worry about added carbs.
- No Palm Oil: which is commonly used in processed foods.
- No Ultra-Processed Ingredients: Our butters are free from colorants, preservatives, emulsifiers, and artificial flavors.

The Benefits of our pure and natural Nut Butters:

- Rich in Healthy Fats
- High in Protein
- Packed with Nutrients/no empty calories
- Low in Carbs
- Good for Digestion



NUT BUTTERS











NUTELLA 1KG 16\$

Hazelnut, cacao nibs, erytritol and gluten-free cacao unsweetened, 85% dark chocolate.

15G (1 TBSP) 90 CAL, 8G FAT, 3G CARB, 2G FIBER, 2PROTEIN

PEANUT BUTTER 10\$

100% Peanut roasted (salted or sweetened with erytritol) 15G (1 TBSP) 176 CAL, 8G FAT, 23G CARB, 2G FIBER, 3G PROTEIN

CASHEW BUTTER 13\$

100% Cashew (salted or sweetened with erytritol) 15G (1 TBSP) 85 CAL, 6G FAT, 4G CARB, 1G FIBER, 2G PROTEIN

ALMOND BUTTER 14\$

100% Almond (salted or sweetened with erytritol)
15G (1 TBSP) 85 CAL, 7G FAT, 2G CARB, 1.5G FIBER, 3G PROTEIN

PISTACHIOS BUTTER 30\$

100% Pistachios (salted or sweetened with erytritol) 15G (1 TBSP) 90CAL, 7G FAT, 3G CARB, 2G FIBER, 3G PROTEIN





SMOOTHIES



COMING SOON....

