RAW CACAO



48G (2PC) 184 CAL, 8G FAT, 25G CARB, 4G FIBER, 3G PROTEIN

RAW SESAME



48G (2PC) 176 CAL, 8G FAT, 23G CARB, 2G FIBER, 3G PROTEIN

RAW PEANUTS



48G (2PC) 176 CAL, 8G FAT, 22G CARB, 2.5G FIBER, 4G PROTEIN

RAW COCONUT



48G (2PC) 180 CAL, 8G FAT, 23G CARB, 2G FIBER, 4G PROTEIN

RAW HAZELNUT



48G (2PC) 174 CAL, 10G FAT, 18G CARB, 2G FIBER, 3G PROTEIN

RAW PISTACHIOS



48G (2PC) 187 CAL, 7G FAT, 27G CARB, 2G FIBER, 4G PROTEIN

The main ingredients of our ALL NATURAL RAW ENERGY BALLS include: Dried fruits & nuts

1.2\$ FOR 2 PC 7\$ FOR 12 PC







ORANGE RISE

Orange, tumeric and fresh giner 270 ml bottle, 116 Cal, 22 g carbs, 2 g protein, 0.54 g fat



BEET BOOST

Orange, carrot and beetroot 270 ml bottle, 112 Cal, 23 g carbs, 2.5g protein, 0.5 g fat



SUPER KALE

Green Apple, lettuce and kale 270 ml bottle, 104 Cal, 25 g carbs, 1 g protein, 0.4 g fat



KIWI SHOT

Kiwi, celery, cucumber and apple 270 ml bottle, 79.6 Cal, 18.73 g carbs, 0.98g protein, 0.37 g fat



CITRUS BLISS

Grapefruit and mint leaves 270 ml bottle, 84 Cal, 18 g carbs, 2 g protein, 0.4 g fat

3.5\$ for a 270 ml bottle 9\$ for 1 litre bottle





NUTTY CURLY ENDIVE

Curly endive, cherry tomatoes, cucumber, red cabbage, shredded carrots, yellow pepper and sunflower seeds all served with apple cider and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

NUTTY CABBAGE

Red and green cabbage, shredded carrots, coriander and sesame seeds all served with apple cider vinegar and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

NUTTY KALE

Kale, cherry tomatoes, cucumber, onion and avocado all served with balsamic vinegar and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

NUTTY TABBOULEH

Parsley, tomatoes, onion and pumpkin seeds all served with lemon and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

NUTTY ROCCA

Rocca, cherry tomatoes, onion and flaxseeds all served with apple balsamic vinegar and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

NUTTY FATTOUCH

Purslane, iceberg, mint leaves, thyme, tomatoes, cucumber, radish and sliced almonds all served with lemon and olive oil dressing.

300g, 273 Cal, 13 g carbs, 10 g protein, 20 g fat

6\$ a salad





POMEGRANATE CUP

200g, 132 Cal, 31 g net carbs, 11g fiber, 2 g protein, <1 g fat

PINEAPPLE CUP

200g, 112 Cal, 29 g net carbs, 2g fiber, 1 g protein, <1 g fat

MANGO CUP

200g, 120 Cal, 30 g net carbs, 3g fiber, 1 g protein, <1 g fat

FRUIT SALAD CUP

SEASONAL FRUITS

200g, 112 Cal, 29 g net carbs, 2g fiber, 1 g protein, <1 g fat

GUACAMOLE CUP

Avocado, coriander, tomatoes, onions and cold-pressed olive oil 200g, 330 Cal, 10 g net carbs, 15g fiber, 4 g protein, 30 g fat



